



The Holistic Healing Show

Eco Fun Day is designed to help promote GREEN ways for local residents to participate and incorporate sustainable development into their living and working lives.

The event is part of Haringey's Sustainable month and aims to provide practical information with a series of four FREE EcoTeams workshops offering exciting tools in a GOODIES BAG which try to minimise waste and energy use saving all households up to £340.00 a year on your energy bills.

Enjoy nurturing world foods made with natural allotment fresh products prepared by nominated "Community Chefs" dishing up wholesome healthy nutritional foods on the day. Taste delicious caffeine free Somali Coffee and delicious Herbal teas. Come along and make, design and fly your own kite with recycled products. Plus join in with "East Eco Front Garden" planting your own seed making sustainable living attractive, accessible, tangible and experiential.

Enjoy a FREE pampering treatment by qualified beauty therapists such as Indian Head Massage Foot massage, Reflexology. There will be stall on the day promoting natural products and services, environmentally friendly transport, Forever Living products, alternative medicine by a qualified herbalist providing Health tips and simple exercise programs for all the family.

Dynamic interactive FREE workshops on Self Development to help You work out your goal; build confidence by MGA Brown, Law of Success. Great Art from David, have your portrait done on the day.

recycle
The possibilities are endless.



grassroots grants

Managed by the Community Development Foundation
Funded by the Office of the Third Sector



Eco Fun Day

**Shropshire Hall
Gladstone Avenue
London N22 6LD**

**Saturday 20th June 2009
11.00 - 15:00**

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